



2017-2018 Alliance Coach Bio

Name:

Sara E. Lilley

Professional Background:

Since graduation, I have worked in marketing for various entities in the public and private sector, including the US Army AMRDEC. Most recently, I have focused on coaching as a full time career path.

Personal:

I started playing volleyball in middle school when my Mom coached me in a recreation league, and I fell in love with the sport. I played throughout middle school and high school for NASA Volleyball Club, played two seasons at Tusculum College before transferring to UAH in 2006. In 2006, I began coaching for NASA while I finished my undergraduate degree and I fell in love with coaching as well. I finished my BSBA in 2008 and my MBA in 2012. I took a break from coaching while I was working at Dynetics and working on my MBA at UAH. I began coaching again in 2014 for NASA. I currently play a lot of sand and grass volleyball in Huntsville, Birmingham, Destin and the Greater Nashville area. I just moved from Huntsville to Mt. Juliet and my favorite place to play sand volleyball is at Nashville Beach in Joelton, TN.

Education:

Master of Business Administration 2012

The University of Alabama in Huntsville

Bachelor of Science in Marketing Management 2008

The University of Alabama in Huntsville

Coaching:

For NASA volleyball club, I coached a 14-year-old girls' team in 2006, a 15-year-old team in 2007, a 16-year-old team in 2008, and a 14-year old team in 2013-2014. I also coached a skill builder's clinic for girls learning to play volleyball ages 8 to 10 in the Spring of 2017.

Coaching Philosophy:

I want every child to grow in their skill set and also as an individual from their experience on my team and to enjoy their time playing. Volleyball should be hard work, but it should also be fun.

Playing Experience:

I started playing volleyball in middle school and I played throughout middle school and high school for NASA volleyball club and played two seasons at Tusculum College.

Top Volleyball Highlights: Winning Regionals my first year coaching in 2006 for NASA.

